

Edna G. Kynett Memorial Foundation Grants

2019

Organization	Project Title
Bridging the Gaps Consortium	<u>General Operating Support</u> - To support programs supporting health related services to underserved populations, while training future health and social service professionals.
FOCUS on Health & Leadership of Women	<u>FOCUS Junior Faculty Investigator Award for Research in Women's Cardiovascular Health</u> - One year grant to a Penn junior faculty recipient of the Kynett-FOCUS Junior Faculty Investigator Award for Research in Women's Cardiovascular Health
The Free Library Of Philadelphia	<u>Nourishing Literacy at the Free Library of Philadelphia</u> - Fund programming for children 3-8, and their caregivers in the Culinary Literacy Center, their classrooms, and their local neighborhood libraries, providing a foundation in healthy eating, cooking and wellness.
Healthy NewsWorks	<u>Hearty Kids: Increasing Program Capacity for Sustainability and Expansion</u> - Expand online learning video based lessons and teacher training and resources to ensure future program expansion and sustainability for children 5-7.
La Comunidad Hispana	<u>Heart Health Program</u> - Providing children and their family members at risk of poor heart health with clinical care, health education, and individual consultation with a dietician, and access to free or reduced-cost healthy food and exercise supplies and opportunities.
Maternal and Child Health Consortium	<u>MCHC Diabetes and Heart Disease Prevention Program</u> - Diabetes and heart disease prevention education to improve long-term health outcomes and healthier lives for mothers and their children.
Maternity Care Coalition	<u>MOMobile at Riverside</u> - To improve the health of pregnant and parenting incarcerated women and their babies and to help women acquire the resources and parenting skills they need to establish healthy families as they make the transition from prison to home.
Mindfulness Through Movement Inc	<u>Mindfulness through Movement, Inc.</u> - General Operating Funds.
Playworks Pennsylvania	<u>General Operating Support</u> - Expand safe and healthy play programming in Philadelphia and surrounding counties during 2019-2020 school year.
St. Christopher's Foundation	<u>Farm to Families</u> - Collaborative community-based effort to improve diets and health of children and families through education and access to fresh foods.
Students Run Philly Style	<u>Strengthening Support for Students Run Philly Style's School Year Season</u> - General Operating Funds.

Vetri Community Partnership

Culinary Medicine - Nutrition and culinary education for youth and family members at risk of cardiovascular diseases.

YWCA Tri-County Area

YW CHAMPS - To continue and expand nutrition education and fitness programming to Pre-K Counts classrooms in Pottstown to support Family Cooking Matters.

2018

Organization	Project Title
African Family Health Organization (AFAHO)	<u>"Eat Right, Live Bright" Nutrition Education Program</u> - To provide nutrition, education, physical fitness awareness and body image information to African immigrant and refugee children and their caregivers.
Bridging the Gaps Consortium	<u>General Operating Support</u> – To support programs supporting health related services to underserved populations, while training future health and social service professionals.
Community Volunteers in Medicine	<u>Hypertension Treatment Program</u> - Treat patients diagnosed with hypertension to make lifestyle changes through counseling, wellness education, referrals and coaching support to lower their hypertension.
FOCUS on Health & Leadership of Women	<u>FOCUS Junior Faculty Investigator Award for Research in Women's Cardiovascular</u> - One year seed grant to a Penn junior faculty recipient of the Kynett-FOCUS Junior Faculty Investigator (JFI) Award for Research in Women's Cardiovascular Health.
Health Federation of Philadelphia, Inc.	<u>Community Resiliency Model Training</u> To provide a series of 12 trainings to staff who interact and provide direct services to high risk, underserved populations throughout the Philadelphia, as well as community members (parents, families) who receive these services.
Healthy NewsWorks	<u>Hearty Kids Phase II</u> - Expand pilot cardiovascular education project called "Hearty Kids" as well as its overall focus on cardiovascular health
La Comunidad Hispana	<u>Childhood Cardiovascular Risk Initiative</u> – Health interventions targeted to Latino families at risk of poor health.
Maternal and Child Health Consortium	<u>Healthy Hearts for Healthy Families</u> - Promote physical activity and nutrition for healthier lifestyles to prevent heart disease and diabetes in low-income mothers and their families.
Maternity Care Coalition	<u>MOMobile at Riverside</u> - To improve the health of pregnant and parenting incarcerated women and their babies and to help women acquire the resources and parenting skills they need to establish healthy families as they make the transition from prison to home.
Mercy Neighborhood Ministries of Philadelphia, Inc.	<u>Childhood Cardiovascular Risk Initiative: Improving Cardiovascular Health by Addressing Risk Factors in Young Children</u> - Expanding a comprehensive early childhood nutrition and obesity prevention program to combat the prevalence of cardiovascular disease and other chronic conditions in Philadelphia's most at-risk children.

People's Emergency Center

uGO Community Fitness Challenge - uGO is an outdoor community exercise program which utilizes fitness instructors, nutritionists, volunteer nurses and youth leaders to monitor participants' progress and encourage them to succeed.

Playworks Education Energized

Playworks Education Energized – Support Playworks Coach service at 10 low- income Philadelphia public elementary schools, providing 30-45 minutes of safe, healthy play to approximately 2600 K-2 students.

Students Run Philly Style (SRPS)

Extended Mentoring and Increased Capacity serving Middle School Youth - To increase positive health outcomes for middle school students enrolled in Students Run Philly Style's (SRPS) new School-Year Season.

YWCA Tri-County Area

YW CHAMPS – To continue and expand nutrition education and fitness programming to all Pre-K Counts classrooms in Pottstown.

Edna G. Kynett Memorial Foundation Grants

2017

Organization	Project Title
African Family Health Organization (AFAHO)	<u>Eat Right, Live Bright</u> - To provide nutrition, education, physical fitness awareness and body image information to African immigrant and refugee children and their caregivers.
Bridging the Gaps Consortium	<u>General Operating Support</u>
Center in the Park	<u>Health Promotion and Evidence-Based Programs</u> - to support programs that offer a community-based approach to disease self-management and prevention, including cardiovascular health, which complements the traditional healthcare system.
FOCUS on Health & Leadership of Women	FOCUS Junior Faculty Investigator Award for Research in Women's Cardiovascular Health & FOCUS Medical Student Fellowship in Women's Cardiovascular Health
La Comunidad Hispana	<u>Childhood Cardiovascular Risk Initiative</u> - to help low-income residents of southern Chester County stay healthy, build strong families, and lead productive lives by providing high-quality, culturally welcoming services.
Maternal and Child Health Consortium	<u>Healthy Hearts for Healthy Families</u> - Promote physical activity and nutrition for healthier lifestyles to prevent heart disease and diabetes in low income mothers and their families.
Maternity Care Coalition	<u>Fit Beginnings for Mom (at MOMobile at Riverside)</u> - to empower incarcerated pregnant & parenting women to improve their cardiovascular health by creating a healthy lifestyle environment for themselves & their children.
One House at a Time (OHAAT)	<u>General Operating Support</u>
Philadelphia College of Osteopathic Medicine	<u>A Cardiovascular Health Intervention Program for Post-Menopausal Women</u> - support programs for post-menopausal females, who are at increased risk for cardiovascular events.
Students Run Philly Style (SRPS)	<u>Reaching Marginalized Youth</u> - Enable SRPS to target recruitment to enroll 115 of Philadelphia's most vulnerable youth into SRPS programming.
University of Pennsylvania	<u>Black Men Hip to BP: A Mobile Health (mHealth) Self-Management program for Black Men with Uncontrolled Hypertension</u> - Determine feasibility and acceptability of a mobile health self management intervention among hypertensive black men.
Vetri Community Partnership	<u>Mobile Teaching Kitchen</u> - To support Mobile Teaching Kitchen which will provide culinary and nutrition education right in low income neighborhoods.
YWCA Tri-County Area	<u>YW CHAMPS = Children Health and Movement Program Series</u> - To continue and expand nutrition education and fitness programming to all Pre-K Counts classrooms in Pottstown.

2016

Organization

Project Title

Berks Visiting Nurse Association	<u>Community Health Services Program</u> –to provide education and support to reduce hospital admissions and readmissions for older patients with congestive heart failure.
Bridging the Gaps Consortium	<u>General Operating Support</u> - to support programs providing health related services to underserved populations, while training future health and social service professionals.
The Food Trust	<u>Heart Smarts</u> – to support expansion of the Heart Smart component of the Healthy Corner Stores program, including intensive anti-smoking interventions, screenings and counseling in the stores.
Health Federation of Philadelphia, Inc.	<u>Let's Move Too!</u> - to provide training for staff and instruction for parents to help them incorporate exercise and stress reduction into their lives and those of their children.
Healthy NewsWorks	<u>Hearty Kids</u> – support for expanding the Healthy NewsWorks program to grades K through 2.
La Comunidad Hispana	<u>Heart Health Program</u> – to pilot a family physical activity project for those at risk for cardiac disease.
Maternity Care Coalition	<u>General Operating Support</u>
National Nurse-Led Care Consortium	<u>Students Run Philly Style</u> - to support long distance running programs for middle and high school students in Philadelphia.
National Nurse-Led Care Consortium	<u>Philadelphia Nurse-Family Partnership & Mabel Morris Family Home Visit Program</u> – to integrate nutrition and physical activity education into the home visiting program for young families.
People's Emergency Center	<u>uGO Community Fitness Challenge</u> - to fund outdoor community fitness programs in West Philadelphia.
Public Citizens for Children and Youth	<u>General Operating Support</u>
Thomas Jefferson University	<u>Reducing Cardiovascular Risk in Children Through Nutrition</u> - to pilot a collaborative program with the Maternity Care Coalition, providing nutrition education and a food buying club for pregnant women and young families.
University of Pennsylvania School of Medicine	<u>FOCUS on Health & Leadership of Women</u> – Junior Faculty Investigator Award and Medical Student Fellowship for research in women's cardio-vascular health.
Weaver's Way Community Programs	<u>Food Moxie's Hope Kitchen</u> – General Operating Support
YWCA Tri-County Area	<u>Children Health and Movement Program (YW CHAMP)</u> – to support programming offering fitness, meditation and yoga classes with nutritional education and cooking instruction to families, coupled with physical education, nutrition and stress reduction techniques for their children

2015

Organization

Project Title

American Heart Association, Inc.

Check.Change.Control Community High Blood Pressure Program - to fund blood pressure monitoring and health coaching for high risk North and West Philadelphia Residents.

Bridging the Gaps Consortium

General Operating Support - to support programs providing health related services to underserved populations, while training future health and social service professionals.

The Food Trust

Heart Smarts Program in Healthy Corner Stores – to continue support of the Heart Smarts program in corner stores to reduce heart disease in low income areas.

Gideon Elementary School

Playworks Program – funding for a Playworks coach to provide opportunities for physical activity and safe play during recess and constructive in-class activities.

Maternity Care Coalition

Fit Beginnings for Mom – to improve the cardiovascular health of pregnant and postpartum women incarcerated in Riverside Correctional Facility.

National Nursing Centers Consortium

Students Run Philly Style –to support long distance running programs for middle and high school students in Philadelphia.

Penrose Elementary School

Penrose STEM PLUS Fitness & Health Program – funding to improve the health and fitness of the students, staff and parents, while introducing students to STEM and health care careers.

People’s Emergency Center

uGO Community Fitness Challenge – to fund outdoor community fitness programs in West Philadelphia.

Project H.O.M.E.

Community Health Worker-Led Outreach and Health Screenings For Underserved Communities – support for CHWs working with the Stephen Klein Wellness Center to provide improved detection, cardiovascular education and access to healthcare.

University of Pennsylvania

MyHeartCare Project – to fund delivery of cardiovascular health education and resources to hypertensive postpartum mothers, incorporating text messaging.

University of Pennsylvania School of Medicine

FOCUS on Health and Leadership of Women – Junior Faculty Investigator Award and Medical Student Fellowship for research in women’s cardiovascular health

2014 – 60th Anniversary Grants

Organization

Project Title

Abbotsford-Falls Family Practice & Counseling Network

Heart to Heart - a collaboration between the Network and Abbotsford Homes using a community health worker (CHW) to promote cardiovascular health among residents of the Homes and of the neighborhood.

Health Promotion Council of SE PA

Corazones en Accion – a multi-level intervention using a CHW to provide outreach, education and patient navigation services to improve the cardiovascular health of low income Latina women.

Penn Center for Community Health Workers IMPACT Primary Care – training and evaluation support for CHWs in West and Southwest Philadelphia working to improve cardiovascular outcomes for low-income patients through outreach integrated with clinical care.

Project H.O.M.E.

Community Health Worker-Led Outreach and Health Screenings For Underserved Communities – support for a CHW working with the Stephen Klein Wellness Center to provide improved detection, cardiovascular education and access to healthcare.

Puentes de Salud

Promotoras Program - support for promotoras working to improve cardiovascular Health in the underserved Latino population of South Philadelphia through outreach programs integrated with clinical care.

2014 – Regular Cycle Grants

Organization

Project Title

Black Women's Health Alliance

Prime Time Sister Circle (PTSC) Program – to improve the cardiovascular health of African American women in Philadelphia.

Bridging the Gaps Consortium

General Operating Support - to support programs providing health related services to underserved populations, while training future health and social service professionals.

Children's Hospital of Philadelphia

Grow2Gether Program at CHOP – Obesity intervention program for low income mothers with children aged 6-15 months, using social media.

Drexel University College of Medicine

Hypertension HighLights-ASH - 2014 Seminar for Office Practitioners.

The Enon-Coulter Community Development Corporation

The Culture of Health Program - a twelve month series of activities and programs to reduce cardiovascular disease in the church's community.

The Food Trust

Heart Smarts Program in Healthy Corner Stores – to support and evaluate the pilot of the Heart Smarts program in corner stores to reduce heart disease in low income areas.

Gearing Up

Cardiovascular Health Among Female Inmates at Philadelphia County Women's Prison - to fund a research program evaluating the impact of an indoor cycling and health education program for incarcerated women.

Jefferson Medical College

Cardiovascular Education of Primary Care Physicians - to fund The Edna G. Kynett Memorial Foundation Seminar series and CME for primary care physicians on the prevention of cardiovascular disease.

Maternity Care Coalition

Fit Beginnings for Mom – to improve the cardiovascular health of pregnant and postpartum women incarcerated in Riverside Correctional Facility.

National Nursing Centers Consortium	<u>Students Run Philly Style</u> – long distance running program for middle and high school students in Philadelphia.
Penn Presbyterian Medical Center	<u>Cardiology Update 2014: A Patient Management Approach</u> – to support continuing medical education.
Pennsylvania Academy of Family Physicians Foundation	<u>Targeting, Measuring and Treating Cardiometabolic Risk</u> - to support the Academy’s Residency and Community Health Center Collaborative programs to instruct family medicine residents and practitioners at community health centers in cardiovascular care, using an outcomes based CME evaluation model.
People’s Emergency Center	<u>uGO Community Fitness Challenge</u> – to fund outdoor community fitness programs in West Philadelphia.
Philadelphia Department of Public Health	<u>Public Health Approaches to Improving Clinical Care</u> - to fund research using Medicaid data to determine patterns of medication adherence among hypertension patients.
St. Christopher’s Foundation	<u>A Fresh Start for a Healthy Heart</u> – to provide low income children at risk for cardiovascular disease with fresh food and nutritional education.
University of Pennsylvania School of Medicine	<u>FOCUS on Health and Leadership of Women</u> – Junior Faculty Investigator Award and Medical Student Fellowship for research in women’s cardiovascular health.

2013

Organization

Project Title

African Family Health Organization	<u>HEART – Healthy Eating and Regular Testing</u> – to improve the cardiac health of African and Caribbean immigrant and refugee women in the greater Philadelphia area by providing screenings, educational sessions and individual counseling.
Bridging the Gaps Consortium	<u>General Operating Support</u> -to support programs providing health related services to underserved populations, while training future health and social service professionals.
Community Volunteers in Medicine	<u>Smoking Cessation Program</u> – to provide a personalized smoking cessation program, using medications and counseling, to uninsured low income patients.
Gearing Up	<u>Gearing Up to Promote CV Health Among Female Inmates</u> – to fund a research program evaluating the impact of an indoor cycling and health education program for incarcerated women.
Healthy NewsWorks	<u>Healthy NewsWorks Heart-Healthy Student Media Project</u> – to increase knowledge about cardiovascular health among Delaware Valley school children and their families through school based health publications.
National Nursing Centers Consortium	<u>Students Run Philly Style</u> – long distance running program for middle and high School students in Philadelphia
Pennsylvania Academy of Family Physicians Foundation	<u>Residency Program and Community Health Centers Collaborative</u> – to support the Academy’s Residency and Community Health Center Collaborative programs to instruct family medicine residents and practitioners at community health centers in cardiovascular care, using an outcomes based CME evaluation model.

Penrose Elementary School	<u>Churches and Schools Together Program</u> – to continue school based fitness programs and to expand the programs into local churches and community groups.
Puentes de Salud	<u>Promotoras Healthy Heart Program</u> – to support community health workers in providing cardiovascular health information and health care navigation services to the South Philadelphia Latino population.
St. Catherine Labouré Medical Clinic	<u>General Operating Support</u> - to support care relating to cardiovascular health for uninsured patients in Germantown.
Thomas Jefferson University	<u>Cardiovascular Education of Primary Care Physicians</u> – to fund The Edna G. Kynett Memorial Foundation Seminar series and CME for primary care physicians on the prevention of cardiovascular disease.
University of Pennsylvania	<u>Cardio-Oncology Survivorship Network</u> – to fund a multifaceted pilot program to improve the cardiovascular care of cancer patients in the Delaware Valley.
University of Pennsylvania School of Medicine	<u>FOCUS on Health and Leadership of Women</u> – Junior Faculty Investigator Award and Medical Student Fellowship for research in women’s cardiovascular health

2012

Organization

Project Title

Bridging the Gaps Consortium University of Pennsylvania School of Medicine	General Operating Support
Bryn Mawr Hospital	Women’s Heart Initiative
Community Volunteers in Medicine	Smoking Cessation Program
Delaware Valley Community Health, Inc.	Cardiovascular Care for the Un/Underinsured
Drexel University College of Medicine	Hypertension HighLights-ASH 2012 Seminar for Office Practitioners
The Food Trust	Healthy Corner Store Initiative
Jefferson Medical College	Cardiovascular Education of Primary Care Physicians
National Nursing Centers Consortium	Students Run Philly Style
Penn Presbyterian Medical Center	Cardiology Update 2012: A Patient Management Approach
Penrose Elementary School	Families Fitness First Program; Technology Health and Fitness Together
Philadelphia College of Osteopathic Medicine	Reducing Cardiovascular Risk in Underserved North Philadelphia
Puentes de Salud	Promotora Program to Prevent Cardiovascular Disease
St. Catherine Labouré Medical Clinic	Cardiovascular Disease Prevention and Intervention for the Uninsured
University of Pennsylvania School of Medicine	FOCUS on Health Leadership for Women

2011

Organization

Project Title

Community Volunteers in Medicine	Smoking Cessation Program
Jefferson Medical College	Cardiovascular Education of Primary Care Physicians
National Nursing Centers Consortium	Students Run Philly Style
Pennsylvania Hospital – University of Pennsylvania Health System	2 nd Annual Heart Disease and Pregnancy Symposium
Puentes de Salud	General Operating Support
University of Pennsylvania School of Medicine	FOCUS on Health Leadership for Women
University of Pennsylvania School of Nursing	Spiritual Vignettes to Increase Medication Adherence Among Black Church Members with High Blood Pressure
University of Pennsylvania School of Nursing	Tailoring Self-Care Interventions for Heart Failure Patients

2010

Organization

Project Title

Albert Einstein Healthcare Network	Healthy Steps to a Healthy Heart
Bridging the Gaps Consortium	Community Health Internship Program
Cardiovascular Institute of Philadelphia	Exercise as a Prescription for Health: A Multidimensional Approach
	Heart & Soul – Faith-based Cardiovascular Risk Factor Education
Children’s Hospital of Philadelphia	Heart and Mind Education Day
Community Volunteers in Medicine	Smoking Cessation Program
Drexel University College of Medicine	Cardiac Auscultation for the General Internist in Office Practice
Jefferson Medical College	Cardiovascular Education of Primary Care Physicians
National Nursing Centers Consortium	Students Run Philly Style
Pennsylvania Hospital – University of Pennsylvania Health System	First Annual Penn Symposium on Pregnancy and Heart Disease
Philadelphia College of Osteopathic Medicine	Heart Healthy program
St. Catherine Labouré Medical Clinic	Cardiovascular Care for the Uninsured
University of Pennsylvania School of Medicine	FOCUS on Health Leadership for Women

University of Pennsylvania School of Nursing Getting the Right Care for the Right Patient:
Breaking the Cycle of Heart Failure Readmissions

2009

Organization

Project Title

Abington Memorial Hospital	Change of Heart Program
Bridging the Gaps Consortium	Community Health Internship Program
Drexel University School of Public Health	African American Heart Failure Prevention Study
Jefferson Medical College	Cardiovascular Education of Primary Care Physicians
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	Student Research
Penn Presbyterian Medical Center	Continuing Medical Education: Cardiology Update 2010
Reading Hospital and Medical Center	Research on weight management interventions for African-American Women
St. Catherine Labouré Medical Clinic	Cardiovascular Care for the Uninsured
University of Pennsylvania School of Medicine	FOCUS on Health & Leadership for Women

2008

Organization

Project Title

American Heart Association, SE PA Region	"Silent No More" Conference for African-American & Latino Women
Bridging the Gaps Consortium	Community Health Internship Program
Cardiovascular Institute of Philadelphia	Continuing Medical Education: Heart Health Conference Office Management of Heart Disease
Community Volunteers in Medicine	Smoking Cessation Program
Drexel University College of Medicine	Continuing Medical Education
Jefferson Medical College	Cardiovascular Education of Primary Care Physicians Funding for Student Research
Main Line Health Heart Center	Conference on Cardiac Arrhythmias
National Nursing Centers Consortium	Students Run Philly Style
Penn Presbyterian Medical Center	Continuing Medical Education: Cardiology Update 2009
Penrose Elementary School	Collaborative Fitness Program
Reading Hospital and Medical Center	Research on weight management interventions
St. Catherine Labouré Medical Clinic	Cardiovascular Care for the Uninsured

University of Pennsylvania Health System

Self-Care in Congenital Heart Disease - research study
on self-care for young adults with congenital heart disease

University of Pennsylvania Health System

Helping Adolescents to Reach Transition (HEART)

University of Pennsylvania School of Medicine FOCUS on Health & Leadership for Women